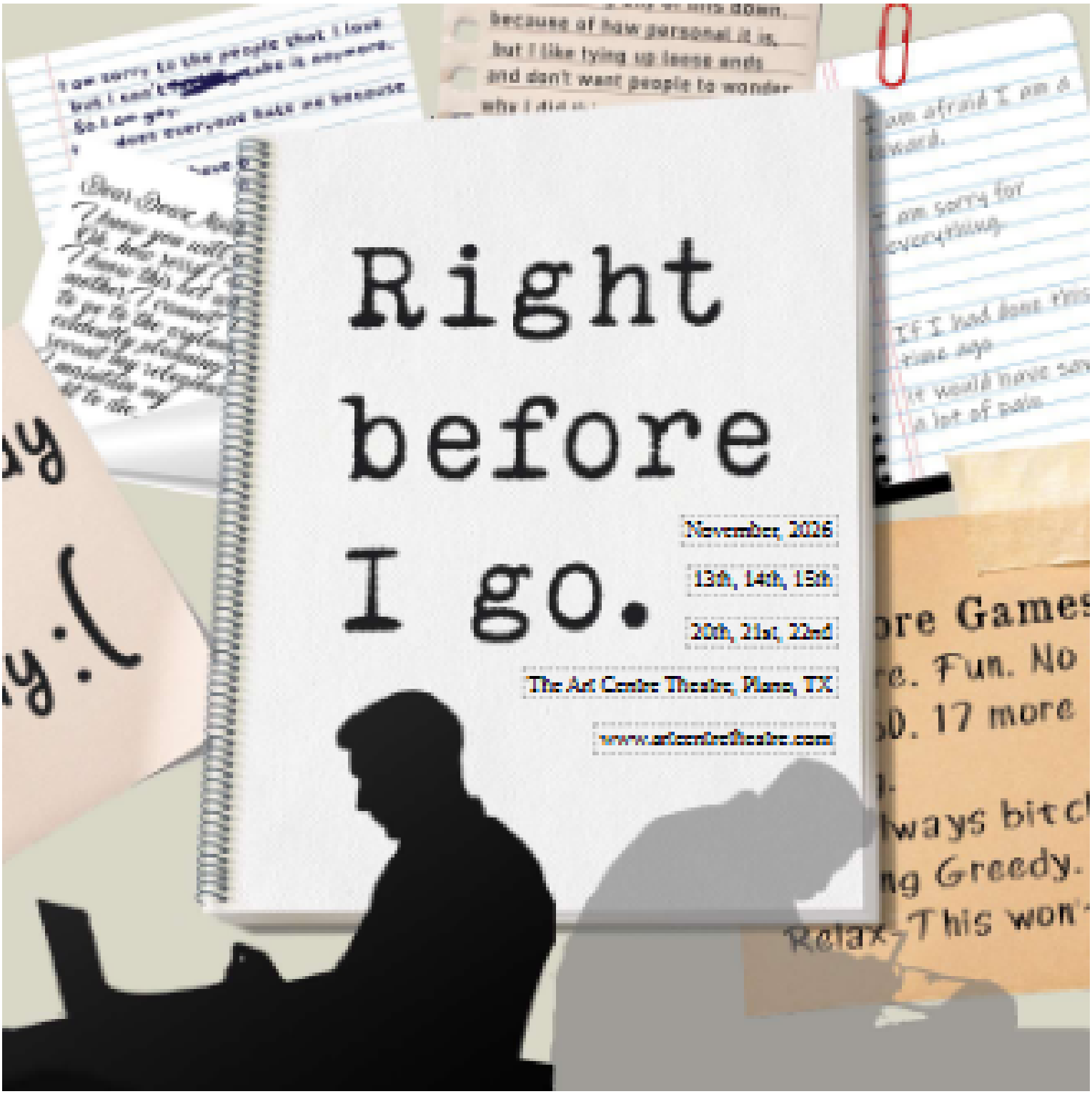
PLAYBILL®

Art Centre Theatre Presents
Written by Stan Zimmerman

The Art Centre Theatre, Plano TX Www.artcentretheatre.com (972) 881 - 3228



The Art Centre Theatre would like to advice that by staying for this production you are releasing the Art Centre Theatre, it's actors and agents from any and all responsibility for your mental health. This production and any associated discussion are presented exclusively for artistic and educational purposes and do not constitute professional mental health counseling, diagnosis, treatment, or medical advice. Individuals requiring psychological assistance or crisis intervention should seek services from qualified licensed professionals or the mental health organizations listed in this program, including the 988 Suicide & Crisis Lifeline.

About
Right Before I Go:

Stan Zimmerman's suicide awareness play, *Right Before I Go.,* highlights the raw struggles of people in all walks of life that have died by suicide. The play uses real suicide notes of celebrities, veterans, bullied teens, those identifying as LGBTQ+, people who have experienced a range of mental health calamities —as well as those who have survived attempts.

Originally created for the 2015 Hollywood Fringe Festival as a four-person chamber piece, the play expanded to include a "Narrator" character in 2018. This role helps guide the audience through all of the emotions connected to survivors of loved ones that have died by suicide. Stan devised the play so that the cast size is expandable to accommodate five actors or as many as needed.

CAST

Narrator 1……..…….Brennan Barnes
Narrator 2……..……...Diana Vides
Young Man 1……..……..Gravity Coleman
Young Man 2……..……..Jackson Eaton
Young Woman 1…….…… ……...Gabby Davis
Young Woman 2…….Danni
Young Woman 3……Arwen
Young Woman 4……..Emily Rojas Campos
Woman……...Melodie Boisseau McFarland
Man……..Scott O'Neill
Kristin……...……...Susan O.Brien

CREW

Director ……..Rosalinda Valenzuel
Assistant Director/Stage Manager ……..Jessica Storton
Tech Director …….……. Miki Nakamoto
Assistant Director/Assistant Tech Director …….……..……Ray Haney

"right before I go. is presented by special arrangement with Theatrical Rights Worldwide, 1180 Avenue of the Americas, Suite 640, New York, NY 10036. www.theatricalrights.com"



Kong Law
PLLC specializing in Real Estate Transactions, Land Use, Criminal, Immigration, & M&A Law

Email at:
the_hilton@yahoo.com

biamp.

Connecting people through extraordinary audiovisual experiences.

CHILDRESS
FURNITURE & FABRIC

Get the Perfect Custom Furniture or Reupholstery

Half Page Ad

4" x 3.5"
(400x350 px)

1/2 PAGE - $50

Smaller AD — $15
Quarter Page AD — $25
Half Page AD — $50
Full Page AD — $100

WHO'S WHO



Brennan Barnes (Narrator 1): Brennan is excited to be telling such an important story and helping to spread mental health awareness with this moving production. Though she has been involved in theatre most of her life, this will be her 1st production with Art Centre Theatre. Favorite roles include Dot (Sunday in the Park with George), Wendla (Spring Awakening), and Fiona (Shrek). Thank you Dr. Valenzuela for entrusting her with this role and its message. Thank you to Joseph Jones for being an amazing voice teacher and friend, and thanks to her family for all their love and support.



Diana Vides (Narrator 2): Diana is excited to return to a Narrator role. She has been in several ACT productions and some voice acting roles. She was last in Cannibal the Musical as Liane. She hopes everyone takes something special with them after this incredibly important show. Thank you!



Jay "Gravity" Coleman (Young Man 1): An actor with a deep appreciation for storytelling and the human experience, Gravity is proud to be part of Right Before I Go, a production whose message holds profound personal significance. As a suicide attempt survivor, this show represents far more than another performance; it is an opportunity to contribute to an important conversation, challenge stigma, and remind others that their stories are not over. Having reached five and a half years in recovery, Gravity considers being part of this production an especially meaningful milestone.

Among Gravity's proudest theatrical productions are The Monkey's Paw, And Then There Were None & Suite Surrender, all three of which hold a special place in his acting journey. He is grateful for every opportunity to explore complex characters, bring meaningful stories to life, and connect with audiences through the shared experience of theatre.

Above all, Gravity believes in the power of theatre to make people feel seen, understood, and a little less alone.

This performance is dedicated to all survivors of abuse. May you always remember that what happened to you does not define you, your voice matters, and you deserve a life filled with safety, love, and happiness.



Jackson Eaton (Young Man 2): Jackson makes his theatrical debut in Right Before I Go. Marking his initial production, he executes a multi-character deployment by stepping into three distinct roles across the performance. His out theater hobbies are art, sculpting, and singing! He extends appreciation to the cast, stage management, production team, family, and colleagues for their support during his first run. Enjoy the show!

YOUTH SCHOLARSHIP



ACT has a fund that specifically helps people if they need a discount for their children to participate in ACT's programing.

It can help the price drop for families in need sometimes 90%.

If you're wanting to help children continue or start quality programing here at ACT please stop by our concession stand. Every dollar goes straight into the Youth Scholarship Fund.





ACT's Programs helps Children learn:

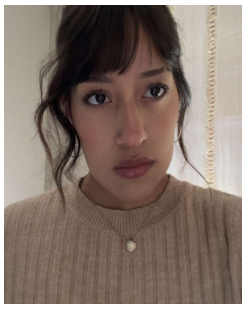
- Social Skills
- Team Work
- Public Speaking
- Body Language
- Gain Confidence
- Improvisational Skills
- Self Awareness
- Acting Techniques
- Singing Techniques
- Dance Techniques
- And Many More

Subscribe to our ACT Alerts email list; send any mail to alerts@artcentretheatre.com

Follow us on Facebook: www.facebook.com/artcentretheatre



Gabby Davis (Young Woman 1): Gabby Davis was born in Dallas Texas and has always had a love of the performing arts. She was in Theatre throughout hight school and volunteered in a church choir. Currently, she is studying to get an associates of Arts in psychology. This will be her first production.



Emily Rojas Campos (Young Woman 4): Emily has never been in a play before, but nevertheless, is looking forward to experiencing such a new crowd of people! She enjoys reading, walking, and hanging out with her friends. Have fun!



Melodie Boisseau McFarland: (Woman 1): Melodie hails from the Big Easy…New Orleans, LA. She has lived in Dallas for 30+ years. "All the worlds a stage and we are but it's bit players" has been her personal motto. She was bitten by the acting bug from a very young age. She performed in stage productions in High School, college, church, PTA and other events until life threw a 'curve ball', she caught it and now works as a Payroll Tax Accountant. Her debut play was Suite Surrender followed by Monkey's Paw at ACT. Her hobbies are writing, swimming and cheering for her favorite team "Da Saints".

She loves her husband and children fiercely and simply adores and idolizes her granddaughter. In her free time, she spends all her time with her precious granddaughter making memories and reliving her childhood.



Scott McNeill (Man): After a 30 year intermission, Scott is thrilled to make his return to the stage at Art Centre Theatre! Previous credits with The Actor's Theatre of Dallas include Armand in Camille, Jake in Sweet Sue and Thayer in Close Ties. Other roles of note are Demetrius in A Midsummer Night's Dream and Prince John in The Lion in Winter.



Susan O'Brien (Kristin): Susan is a local singer/actress who has been performing in the DFW area for more than a decade. Past shows include "Rocky Horror","Young Frankenstein", "Oliver!",:"Spring Awakening", and "Steel Magnolias". She is also a volunteer actor for The Friends of Aldredge House in Dallas. Susan has a couple of day jobs to keep the lights on, and a couple of humans who call her "Mom". When they call.Thank you so much for supporting local theatre, enjoy the show!

ACT members, Individual & Corporate Sponsors help us to keep the stage lights on, while enjoying discounts on ACT tickets and tuitions! Head over to the Web site today to become a member!

Individual Sponsorships



Corporate Sponsorships



FLEXPASS

ACT Flexpasses and Golden Tickets are great ways to save at the box office! Discounts up to 30%.



Rosalinda M Valenzuela, Ph.D (Director) Rosalinda is a Political Science Professor by day and a thespian by night. This is her fourteen show at ACT, serving, having served as assistant director, co-director, and director in a few of them. She is a political analyst and “Reina de La Cultura” beauty queen. She is very happy to direct such a meaningful play that creates mental health awareness and promotes suicide prevention. She is doing this show to honor the memory of those that committed suicide and to show that their life’s had meaning and that their story may save lives. She dedicates this show to her awesome family and friends. Viva La vida!



Miki Nakamoto (Tech Director): Miki is excited to work tech for this show! This is her 30th production, having performed and emceed across the DFW metroplex. Her favorite role is Ellie (The Whale). Outside of theatre, is a dedicated senior in high school, serving as Senior Class President, interning with her local state representative, and serving as an asst. instructor in tae kwon do. She thanks her family and friends for supporting her, and you for coming to this meaningful show.

Thank You

Your generous support is what helps us keep the lights on and continue to keep the arts alive.

Foundations who support ACT

Fichtenbaum Cherry Will Trust
Biamp.
The Rotary International Club
The Theodore & Beulah Beasley Foundation
Deb Childress Furniture & Fabric

Donators who support ACT

Paula Newman
Sheri LeNoir
Evan Dolezal
Sam Baker
Lanny Cooper
Feldman Family
Priscilla Anderson
Debby Warner
The Hamiltons
Ashley Taylor
Fortis Talent
Thomas Grail
Mark & Tina Haug
Glen Lorig & Sue Ann Lorig
Shidlofsky Family
Rosalinda Perez
Ken Scwartz
Tom Shubnell
Kyrstal Rodriguez
Al Escobedo
Mary Jo Christian
Mars & Ryan
Alex Whiteley & Charlie Bitter
Greenberg Family
Konni Eastin Laura Goodman
Villains Burlesque Cast
Laurie Kong
Hilton Kong
Blake Family



If you think someone you know is suffering from depression or suicidal thoughts, please contact betterhelp.com. There are also other resources:

1. 988 Suicide & Crisis Lifeline
Call or text 988 — free, confidential crisis support available 24/7. 988lifeline.org

2. American Foundation for Suicide Prevention (AFSP)
Educational materials, prevention training, local chapters, and support for people affected by suicide.
afsp.org

3. National Alliance on Mental Illness (NAMI)
Mental health education, support groups, treatment referrals, and family resources.
NAMI HelpLine: 800-950-6264.
nami.org

4. The Trevor Project
Crisis counseling and suicide prevention resources for LGBTQ+ young people.
thetrevorproject.org

Suicide prevention resources in Plano and North Texas
These are particularly useful for connecting someone with local assistance.

5. LifePath Systems — Collin County 24-hour crisis hotline: 877-422-5939
Provides mobile crisis response, mental health assessments, counseling referrals, and short-term crisis stabilization, regardless of insurance or income.

6. Suicide & Crisis Center of North Texas Crisis hotline: 214-828-1000
Confidential crisis support for people in the Dallas area.

7. NAMI North Texas Information helpline: 214-341-7133
Free support groups, educational programs, and community mental health referrals.
The helpline operates during business hours and is not an emergency service.



What should you do if you recognize these signs?
1. Ask directly: “Are you thinking about suicide?” Research indicates that asking directly does not put the idea into someone's head.
2. Listen without judgment. Avoid minimizing their feelings or arguing with them.
3. Take statements seriously. Never assume someone is simply seeking attention.
4. Help them connect with professional support. In the United States, call or text 988 for the Suicide & Crisis Lifeline.
5. If there is immediate danger, stay with the person if safe, reduce access to lethal means when possible, and call 911.

12 warning signs of suicide
1.Making direct statements about suicide or expressing a desire to end their life.

2. Saying things like “Nothing will ever get better,” “There's no point anymore,” or “I have nothing left to live for.”

3. Believing that friends, family, or loved ones would be better off without them.

4. Withdrawing from others.

5. Giving away valued possessions.

6. Experiencing extreme mood swings.

7. Suddenly appearing calm after severe depression or distress.

8. Increasing alcohol or drug use.

9. Engaging in reckless or dangerous behavior.

10. Experiencing overwhelming emotional or physical pain.

11. Changes in sleeping or eating habits.

12. Researching or preparing for suicide.